Carbon Monoxide and Isocyanide Binding to Iron(II) Complexes of Tetradentate Bis Di-Imine and Bis Di-Oxime and Mixed Oxime-Imine Macrocycles

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The synthesis and characterization of new low spin Fe(II) complexes of diacetylmonoximeiminodiacetylmonoximato-1,3 propane (DOHpn), and ethane (DOHen), and of 2,3,9,10 tetramethyl 1,4,8,11 tetraazacyclotetradeca 1,3,8,10 tetraene (TIM) are reported; $[Fe(N_4)(CH_3Im)X](PF_6)_2 X = CH_3Im$, CO, and benzylisocyanide (BZNC). Kinetic studies for CO and BZNC dissociation are compared with corresponding data for analogous FeN_4 systems. The relative lability of CO is DMGH < DOHpn < DOHen < TIM, TAAB, 14-ane < Porphyrin, Phthalocyanine < 15-ane. Trans effects of CO and BZNC are discussed.

Introduction

Studies of carbon monoxide and isocyanide binding to a wide range of tetragonal iron(II) complexes (FeN₄ L₂) containing the tetradentate planar macrocyclic ligands N₄ = porphyrin (P) [1-3], phthalocyanine (Pc) [3-5], bisdimethylglyoxime (DMGH)₂ [6, 7], TAAB [8], 14-ane, and 15-ane [9, 10], have been reported. These systems differ in ring size, degree of unsaturation, overall charge, ligand conformation, and flexibility, ligand field strength, and π bonding. They all undergo axial ligand substitution reactions via a dissociative mechanism and the kinetics and equilibrium data span a range of over 10^6 . In addition to the large cis effects of the tetradentate ligand N₄, some unusual trans effects are also observed [11].

*Author to whom correspondence should be addressed. **Abbreviations: DMGH dimethylglyoximate; DOHpn diacetylmonoximeiminodiacetylmonoximato-1,3-propane; DO-Hen diacetylmonoximeiminodiacetylmonoximato-ethane; TIM 2,3,9,10-tetramethyl-1,4,8,11-tetra-azacyclotetradeca-1,-3,8,10-tetraene; TAAB tetrabenzo (b, f, j, n) (1,5,9,13) tetra-azacyclohexadecine; Pc phthalocyanine; CH₃Im 1methyl imidazole; BZNC benzylisocyanide; 14-ane-1,4,8,11tetra-azacyclotetradecane; 15-ane-1,4,8,11-tetra-azacyclopentadecane; P-protoporphyrin IX: TPP-tetraphenylporphyrin. Previous studies have dealt with neutral or dipositive complexes of Fe(II). We now report the synthesis and axial ligation studies of unipositively charged complexes of DOHpn and DOHen [12]. The DOH systems are of interest since they are structurally half-way between the bis-glyoxime system (DMGH)₂ and the tetraimine ligand TIM reported previously by Rose [13]. While cobalt complexes of DOH have been reported previously [14–16], apparently no report of iron complexes of these ligands have appeared. We also report data for the FeTIM⁺² system. Some photochemical [17, 18] and kinetic studies [9, 11, 19, 20] of Fe(II)TIM have been reported previously.



Experimental

Ferrous acetate was prepared from iron powder and glacial acetic acid and stored under nitrogen. The ligands DOH₂en and DOH₂pn were prepared from butanedionemonoxime and ethylenediamine or propanediamine by the method of Uhlig [12] [FeTIM-(CH₃CN)₂](PF₆)₂, [FeTIM(CH₃CN)(CO)](PF₆)₂, and [FeTIM(CH₃Im)₂](PF₆)₂ were prepared by the method of Rose [13].

$[Fe(DOHpn)(CH_3Im)_2]PF_6$

Ferrous acetate (2.5 g) and DOH₂pn (3.0 g) were dissolved in a degassed mixture of 25 ml CH₃CN and 5 ml CH₃IM under nitrogen in double-arm Schlenk tube equipped with a frit giving a deep blue solution. The solution was filtered under nitrogen and a degassed solution of 5 g NH₄PF₆ in 15 ml CH₃CN added to the filtrate. After standing at 0 °C overnight, a blue precipitate was obtained. This was filtered and washed with ether to give 8.2 g of crude product.

Complex		С	Н	N
[Fe(DOHpn)(CH ₃ Im) ₂]PF ₆	Calcd.	37.76	5.17	18.54
	Found	37.45	5.06	18.25
$[Fe(DOHpn)(CH_3Im)(CO)]PF_6 \cdot CH_2Cl_2$	Calcd.	32.15	4.28	13.23
	Found	32.19	4.12	13.61
[Fe(DOHpn)(CH ₃ Im)(BZNC)]PF ₆	Calcd.	43.20	5.04	15.33
	Found	42.86	4.79	15.36
$[FeTIM(CH_3Im)(BZNC)](PF_6)_2$	Calcd.	39.36	4.70	12.36
	Found	39.30	4.43	12.26
$[FeTIM(BZNC)_2](PF_6)_2$	Calcd.	43.49	4.62	10.14
	Found	43.22	4.74	10.33

TABLE I. Analytical Data.

TABLE II. Comparative Spectral Data for FeN₄XY Complexes.

x	Y	Fe(TIM) ⁺²	Fe(DOHpn) ⁺	Fe(DOHen) ⁺	Fe(DMGH) ₂
Visible Spectra	λmax (nm)				
CH ₃ Im	CH ₃ lm	667	602	580	531
CH ₃ lm	СО	450	418	416	385
CH ₃ lm	BZNC	555	500	490	445
BZNC ₂	BZNC	490	440	450	392
Infra-red v _{nc} or	v _{co}				
CH ₃ Im	CO	2030	1993	2026	1978
CH ₃ 1m	BZNC	2181	2151	2145	2141
BZNC	BZNC	2189	-	-	2167
Chemical shift of	of CH ₃ resonance (pj	<i>om)</i>			
CH3 Im	CH ₃ Im	2.80	2.66, 2.60	2.64, 2.51	
CH ₃ Im	CO	2.45	2.38, 2.27	2.39, 2.30	2.14
CH ₃ Im	BZNC	2.53	2.35, 2.29	2.39, 2.33	2.16

A white impurity was removed by dissolving 1 g of crude product in 40 ml CH_2Cl_2 , filtering, and concentrating the filtrate to give 0.4 g of pure material. NMR (CDCl₃/CD₃CN) DOHpn δ 2.66, 2.60 (12H), 4.0 (4H), CH₃Im 3.55 (6H), 6.00 (2H), 6.53 (2H), 6.63 (2H).

$[Fe(DOHpn)(CH_3Im)(CO)]PF_6 \cdot CH_2Cl_2$

Carbon monoxide was bubbled through a solution of 1 g $[Fe(DOHpn)(CH_3 Im)_2 PF_6$ in 125 ml CH_2Cl_2 . The solution turned from blue to yellow-green over a period of 1 hour. Ether was added and the solution cooled while maintaining CO bubbling and then left in the freezer overnight giving yellow-green crystals. These were filtered in air and washed with ether. Yield 0.3 g NMR: $(CDCl_3\delta DOHpn 2.38, 2.27)$ (12H), 3.95 (4H), CH₃Im 3.70 (3H), 6.58 (1H), 6.81 (1H), 7.25 (1H), CH₂Cl₂ 5.27 (2H).

[Fe(DOHpn)(CH₃Im)(BZNC)] PF₆

[Fe(DOHpn)(CH₃Im)₂] PF₆ (0.5 g) was added to a solution of 0.15 g BZNC in 20 ml methanol under nitrogen and stirred for 10 minutes. The solution was cooled and 30 ml ether added. A resulting brown solid was filtered, washed with ether and dried *in vacuo*. Yield 0.3 g. NMR: (CD₃CN) δ DOHpn 2.35, 2.29 (12H), 3.82 (4H), CH₃Im 3.59 (3H), 6.29 (1H), 6.92 (2H), BZNC 1.96 (2H), 7.35 (5H).

$[Fe(DOHpn)(BZNC)_2]PF_6$

A solution of $[Fe(DOHpn)(CH_3Im)(BZNC)]PF_6$ was heated at 60 °C in a thermostatted 1 cm path length cell, initial A = 1.5 at 500 nm in methylethyl ketone with 0.05 g BZNC. The absorbance at 500 nm decreased and a new peak grew in at 440 nm assigned to the bis isocyanide complex ($t_{1/2}$ = 6 hrs at 60 °C). The Fe(DOHen) analogs were prepared by similar methods.

$[FeTIM(BZNC)_2](PF_6)_2$

BZNC (0.2 g) was added to a solution at 0.4 g $[Fe(TIM)(CH_3CN)_2]PF_6$ in 5 ml acetonitrile and the solution maintained at 50 °C for 1 hour. The resulting yellow solution (λ max = 490 nm) was cooled and ethanol added to induce precipitation. The orange precipitate was filtered, washed with ethanol and ether and dried *in vacuo*. Yield 0.4 g NMR (CD₃CN) δ TIM 2.35 (12H), 3.81 (8H), BZNC 4.82 (4H), 7.3 (10H).

$[Fe(TIM)(CH_3Im)(BZNC)](PF_6)_2$

BZNC (0.08 g) was added to a solution of [Fe-TIM(CH₃Im)₂](PF₆)₂ in 4 ml CH₃CN giving an immediate color change from blue to red. Ethanol was added and the precipitate filtered, washed with ethanol and dried *in vacuo*. Yield 0.2 g. NMR (CD₃-CN) δ TIM 2.53 (12H), 3.81 (8H), CH₃Im 3.60 (3H), 5.94 (1H), 6.59 (1H), 6.97 (1H), BZNC 4.75 (2H), 7.3 (5H).

Kinetic Measurements

Kinetic studies were carried out as described previously [5] and pseudo-first order rate constants derived by standard methods. Log plots were linear over 3 half lives and analysis at λ max of the product or reactant were typically within experimental error. In the case of the reaction $FeTIM(CH_3Im)(BZNC)^{+2}$ + CH₃Im carried out in neat CH₃Im a slow decomposition of the product interfered with analysis of the data at 665 nm. Analysis at 555 nm gave linear log plots over 3 half lives which were in agreement with analysis at 665 nm for the first half-live prior to appreciable decomposition. A similar decomposition is even more pronounced in the Fe(DOHen) system. Only a slight decomposition is observed in the Fe-(DOHpn) system for this reaction. Reactions of the carbonyl complexes carried out under milder conditions show no evidence for any side reactions.

Results

Spectral Data: The CH₃Im, CO, and BZNC complexes of the FeDOHpn⁺ display spectroscopic properties intermediate between those of Fe(DMGH)₂ and FeTIM⁺² derivatives (Table II). The visible spectra are assigned to charge transfer transitions from metal to π orbitals of the unsaturated ligand system. The systematic shift to shorter wavelength (about 50 nm per unit of charge) is consistent with the expected greater ease of oxidation of iron as the charge on the complex is reduced. Consistent with this are qualitative observations on the air sensitivity of the FeN₄(CH₃Im)₂ complexes. The TIM complex is air-stable, the DOH complexes somewhat air sensitive and the DMGH complex somewhat air solution (all of the complexes are reasonably air stable in the solid state when dry). The ν_{co} and ν_{nc} show that π back bonding to CO and BZNC decreases as the charge increases in this systematic series of complexes. The NMR of the DOH complexes show nonequivalent resonances for the methyls adjacent to the oxime and imine groups which are between the corresponding positions for TIM and (DMGH)₂ complexes.

Kinetics

Previous kinetic studies of a wide range of FeN_4XY complexes have shown a dissociative mechanism (D) for axial ligand substitution reactions.

$$\operatorname{FeN}_{4}XY \xleftarrow{k_{-y}}_{k_{+y}} \operatorname{FeN}_{4}X \xleftarrow{k_{+x}}_{k_{-x}} \operatorname{FeN}_{4}X_{2}$$

The pseudo-first order rate constant, neglecting the reverse reaction is given by:

$$k_{obs} = \frac{k_{-y}k_{+x}[X]}{k_{+x}[X] + k_{+y}[Y]}$$

In this study, all reactions were carried out with a large excess of entering ligand [X] and negligible [Y]. Under these conditions the above expression reduces to $k_{obs} = k_{-y}$, *i.e.* the pseudo-first order rate constant corresponds to the rate constant for dissociation of Y. The kinetics of reactions:

 $FeN_4(CH_3Im)_2 + X \rightarrow FeN_4(CH_3Im)(X) + CH_3Im$

 $X = CO, BZNC N_4 = TIM, DOHen, DOHpn$

are too fast to measure using conventional spectrophotometric methods at room temperature. A NMR study of CH₃Im exchange in FeTIM(CH₃Im)⁺²₂ gives $k_{-CH_3Im} = 0.45$ at 25 °C [19]. A stopped-flow study of FeTIM(CH₃CN)⁺²₂ gives $k_{-CH_3CN} = 195$ s⁻¹ at 30 °C [20].

The reversible binding of CO to $FeTIM(CH_3CN)_2^{+2}$ in CH₃CN solution was previously described by Rose [13]. Kinetic data for the reactions:

FeTIM(CH₃CN)(CO)⁺² + CH₃CN →

 $FeTIM(CH_3CN)_2^{+2} + CO$

were conveniently measured in acetonitrile solution. The corresponding reaction of the $FeTIM(CH_3Im)_2^{+2}$ complex with CO in acetonitrile is complicated by solvent coordination. Thus dilution of blue aceto-

	k_co s ^{−1} (25 °C)	ΔH^{\dagger} kcal/mole	ΔS^{\ddagger} eu	
Fe(DMGH) ₂ (CH ₃ 1m)(CO)	3.1×10^{-6} a	27	6	ref. 7
Fe(DOHpn)(CH ₃ 1m)(CO) ⁺	1×10^{-4} b	25.8 ^f	9	this work
$Fe(DOHen)(CH_3Im)(CO)^+$	2.4×10^{-4} b	23.7 ^g	4	this work
$FeTIM(CH_3Im)(CO)^{+2}$	1.2×10^{-3} c			this work
$FeTIM(CH_3CN)(CO)^{+2}$	4.3×10^{-4} b	24.3 ^h	7.5	this work
$FeTAAB(CH_3Im)(CO)^{+2}$	$6.5 \times 10^{-3} c$			ref. 8
FePc(CH ₃ Im)(CO)	2×10^{-2} d	24	10	ref. 4
FeP(Im)(CO)	$0.8 \times 10^{-2} e$	25	15	ref. 31, 32
$Fe(14ane)(CH_3CN)(CO)^{+2}$	7.7×10^{-4} b			ref. 9
$Fe(15ane)(CH_3CN)(CO)^{+2}$	1.7 ^b	19.2	7	ref. 9

TABLE III. Kinetic Data for CO Dissociation from FeN₄LCO Complexes.

^aNeat CH₃Im. ^bCH₃CN. ^cAcetone. ^dToluene. ^eFor chelated protoheme in aqueous cetyltrimethylammonium bromide suspension. k_{-co} is 2.8 × 10⁻² s⁻¹ for deuteroheme dme in benzene at 20 °C [30]. ^tTemperature dependence of k_{-co} : 30 °C, 2.0 × 10⁻⁴; 40 °C, 8.3 × 10⁻⁴; 50 °C, 3.0 × 10⁻³; 60 °C. 1.0 × 10⁻² s⁻¹. ^gTemperature dependence of k_{-co} : 30 °C, 5.5 × 10⁻⁴; 40 °C, 1.8 × 10⁻³; 50 °C, 6.1 × 10⁻³ s⁻¹. ^hTemperature dependence of k_{-co} : 35 °C, 1.7 × 10⁻⁴; 40 °C, 3.3 × 10⁻³; 45 °C, 5.9 × 10⁻³ s⁻¹.

nitrile solutions of $FeTIM(CH_3Im)_2^{+2}$ ($\lambda max 667$) results in the decrease in the 667 nm band and the growth of new peaks at ~605 and 550 assigned to FeTIM(CH₃Im)(CH₃CN)⁺² and FeTIM(CH₃CN)² respectively. In the presence of CO, a yellow solution is observed which may have either CH₃Im or CH₃CN trans to CO. The situation is less complicated in acetone solution which does not compete as effectively with CH_3Im as a ligand [20]. Addition of CO to FeTIM(CH_3Im)⁺² in acetone gives a color change from blue to yellow-green with the appearance of a peak at 450 nm. In contrast, Fe-TIM(CH₃CN)(CO)⁺² dissolved in acetone gives a peak at 428 nm. Addition of CH₃Im to this solution results in a rapid reaction (k = 2×10^{-2} s⁻¹ at 25 °C independent of [CH₃Im]) resulting in the disappearance of the 428 nm band and the growth of the 450 nm band. We assign these spectral changes to the reaction FeTIM(CH₃CN)(CO)⁺² + CH₃Im \rightarrow Fe- $TIM(CH_3Im)(CO)^{+2} + CH_3CN$. Following these spectral changes, a slower reaction to give FeTIM- $(CH_3Im)_2^{+2} \lambda max 665 \text{ nm } k = 1.2 \times 10^{-3} \text{ s}^{-1}$ is observed. A similar replacement of acetonitrile trans to BZNC in FeTIM(CH₃CN)(BZNC)⁺² in acetone is observed. Addition of CH₃Im to an acetone solution of FeTIM(CH₃CN)(BZNC)⁺² at 25 °C results in the disappearance of the 520 nm band of the starting complex and the formation of FeTIM- $(CH_3Im)(BZNC)^{+2} \lambda max = 555 \text{ nm}, k_{obs} = 5 \times$ 10^{-3} s⁻¹. This rate is identical to that for the reaction of $FeTIM(CH_3CN)(BZNC)^{+2}$ with BZNC in acetone [9], confirming the independence of the rate on the nature of the entering ligand as expected for a D mechanism.



Fig. 1. Spectral changes with time for the reaction Fe-(DOHpn)(CH₃Im)(CO)⁺ + CH₃Im \rightarrow Fe(DOHpn)(CH₃-Im)⁺₂ + CO in acetonitrile.

Corresponding replacement of CH₃Im *trans* to BZNC by acetonitrile occurs at a much slower rate. Dissolution of FeTIM(CH₃Im)(BZNC)⁺² in acetonitrile at 60 °C results in a clean first-order reaction to give the FeTIM(CH₃CN)(BZNC)⁺² complex (λ max = 520 nm) k = 1.5 × 10⁻³ s⁻¹.

Rate constants for the reactions:

 $FeN_4(CH_3Im)(CO) + CH_3Im \rightarrow$

 $FeN_4(CH_3Im)_2 + CO$ for $N_4 = DOHen$ and DOHpn

	K−H3Im K−BZNC s ⁻¹	k_CH ₃ Im s ⁻¹	
FeTIM	4×10^{-3} a	$1.5 \times 10^{-3} e$	this work
FeDOHpn	4×10^{-4} a	3×10^{-5} f	this work
Fe(DMGH) ₂	$4.6 \times 10^{-4} (65 \ ^{\circ}C)^{a}$	2×10^{-5} g	ref. 7
FeTAAB	5.6×10^{-3} b	1.28×10^{-2} f	ref. 8
FePc	8.2×10^{-3} c	$2.9 \times 10^{-2} (30 \text{ °C})^{g}$	ref. 5
FeP	0.5 (20 °C) ^d	_	ref. 1

TABLE IV. Kinetics of BZNC and CH₃Im Substitution in FeN₄(CH₃Im)(BZNC) Complexes at 60 °C.

^aReplacement by CH₃Im in neat CH₃Im. ^bReplacement by CH₃Im in butanone. ^cReplacement by CH₃Im in toluene. ^dFor BUNC on chelated protoheme, in benzene. ^eReplacement by CH₃CN in acetonitrile. ^fReplacement by BZNC in butanone. ^gReplacement by BZNC in toluene.

were conveniently measured in acetonitrile solution containing 0.1 to 1 M CH₃Im. Typical spectral changes are shown in Fig. 1. The high concentration of excess CH₃Im prevents CH₃CN coordination.

Reactions of the isocyanide complexes were substantially slower. The reaction:

 $FeN_4(CH_3Im)(BZNC) + CH_3Im \rightarrow$

$$FeN_4(CH_3Im)_2 + BZNC$$

was carried out in neat CH_3Im at elevated temperatures. The lability of CH_3Im trans to BZNC was studied in the reaction:

 $Fe(DOHpn)(CH_3Im)(BZNC) + BZNC \rightarrow$

 $FeN_4(BZNC)_2 + CH_3Im$

The observed rate constant in butanone is 3×10^{-5} s⁻¹. The substantially greater inertness of CH₃Im when *trans* to BZNC is similar to effects previously described for N₄ = (DMGH)₂ [7] and TAAB [8].

Kinetic data for the DOHpn, DOHen, and TIM systems are given in Tables III and IV along with corresponding results for analogous FeN_4 systems.

Discussion

The spectral and kinetic data for the Fe(DMGH)₂, FeDOHpn⁺, and FeTIM⁺² complexes demonstrate a systematic variation in properties with variation in structure. The increased net positive charge on the complex resulting from substitution of an imine for an oxime group in the macrocyclic ligand results in increased lability for π -acceptor ligands CO and BZNC. These systems may be compared with a variety of analogous FeN₄ systems including neutral, unipositive, and dipositively charged complexes, both saturated and unsaturated ring systems, and macrocycles differing in ring size including 13 (DOHen), 14 (DMGH, DOHpn, TIM, 14ane), 15 (15ane), and 16 (Pc, P, TAAB) membered rings.

CO Complexes

Data for CO dissociation are given in Table III. All of the systems listed undergo substitution via a dissociative mechanism. The rates, where studied as a function of solvent are typically insensitive to solvent variations as is expected for dissociation of a neutral CO ligand. The effect of the *trans* ligand is typically also rather small in comparison with the large *cis* effects.

The dipositive complexes of TIM, TAAB, and 14ane give remarkably similar CO dissociation rates in spite of large differences in the macrocycle ring size and unsaturation. Only in the 15-ane complex is the CO dissociation rate significantly greater. The greater lability of the 15-ane system has previously been discussed [9] in terms of the mismatch of the 15-ane ring (ideal M-N distance of 2.28 Å [21] compares with strain free Fe-N distances of 1.98 and 2.18 Å for low and high spin complexes of α picolylamine [22]. Both the 14-ane and TAAB rings would seem to be too large for a low spin Fe⁺², however, they are able to accommodate a low spin Fe⁺² without incurring significant conformational strain. This is achieved by puckering of the macrocycle. The flexibility of the TAAB ligand is shown in X-ray structures of low and high spin Ni⁺² complexes with Ni-N distances of 1.90 and 2.10 Å respectively [23].

The DOHpn and DOHen systems provide another test of the effect of ring size on axial ligation to iron. The Fe(DOHen)(CH₃Im)(CO)⁺ complex is only a factor of 2 more labile than the corresponding DOHpn derivative. The O-H-O unit is probably more flexible and not rigorously comparable to a (CH₂)₃ unit [24]. The greater lability of the DOHen derivative correlates with qualitative observations that the DOHen ligand is somewhat strained in fitting around an Fe^{+2} . DOHen is reported to be a poorer ligand than DOHpn in nickel complexes [14].

BZNC Complexes

The corresponding kinetic data for BZNC replacement *trans* to CH₃Im (Table IV) show effects similar to those observed in the CO complexes. The relative lability of BZNC is $(DMGH)_2 < DOHpn < TIM < Pc < P$. The DOHen system gives a $k_{-BZNC}^{CH_3Im}$ of $7 \times 10^{-4} \text{ s}^{-1}$ at 60 °C, about a factor of 2 faster than the DOHpn complex.

Trans Effects

The rates of CH₃Im replacement *trans* to BZNC are also given in Table IV. For FeDOHpn and Fe-TIM⁺² the lability of CH₃Im *trans* to BZNC is at least 1000 fold less than in the FeN₄ (CH₃Im)₂ complexes. This large *trans* delabilizing effect of BZNC has been observed previously in Fe(DMGH)₂ and Fe(TAAB)⁺² complexes. These large *trans* effects of BZNC are remarkable, especially since equally dramatic *trans* effects in the opposite direction are observed in ruthenium porphyrins [25, 26] and phthalocyanines [27]. In the ruthenium systems axial substitution in the RuP(CH₃Im)₂ or RuPc(CH₃-Im)₂ complexes require prolonged refluxing at elevated temperatures while exchange of CH₃Im in RuP-(CH₃Im)(CO) and RuP(CH₃Im)(BZNC) is rapid.

Both CO and BZNC exert similar *trans* delabilizing effects on CH₃CN in FeTIM complexes. The lability of CH₃CN at 25 °C in acetone solution in FeTIM complexes is 122 s⁻¹ [28] 0.02 s⁻¹, and 0.005 s⁻¹ *trans* to CH₃CN, CO, and BZNC respectively.

Carbon monoxide has previously been found to exert a delabilizing effect on imidazoles in heme carbonyl complexes. The rates of Im dissociation from hemes in benzene *trans* to Im and CO are 1500 s^{-1} and 2.6 s^{-1} respectively [29, 30]. The magnitude of the effect on Im lability in the heme system is comparable to that on CH₃CN in the FeTIM⁺² system.

The *trans* effects may depend on the spin state of the transition state. Strong field ligands like CO and BZNC give low spin 5 coordinate complexes in heme systems while weaker field ligands like imidazoles give high spin 5 coordinate complexes. Thus in the dissociation of a group *trans* to a weak field ligand, a spin change occurring along the reaction coordinate would assist dissociation. If a strong field ligand like CO or BZNC is present, the complex would remain low spin throughout the reaction coordinate for ligand dissociation and thus remain inert. The fact that a labilizing, rather than a delabilizing effect of CO and BZNC is found in ruthenium systems [25-27] would support this hypothesis since in no case would a spin change be expected in the ruthenium systems. Based on the *trans* effect of BZNC, we suggest that all of FeN₄ systems listed in Table IV have high spin FeN₄CH₃Im intermediates and low spin FeN₄BZNC intermediates with the exception of FePc. As noticed previously, the FePc system shows *trans* effects opposite to the other systems possibly indicating a low or intermediate spin Fe(Pc)CH₃Im intermediate. This would account for the 10⁶ difference in CH₃Im lability in FePc(CH₃Im)₂ and FeTPP(CH₃Im)₂. ($k_{CH_3Im}^{CH_3Im} = 1.3 \times 10^{-3} \text{ s}^{-1}$ and $k_{-CH_3Im}^{CH_3Im} = 1.5 \times 10^{+3} \text{ s}^{-1^3}$ [31] respectively).

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